

Directee Referral Resource List

This resource list is for Louisville, KY and is not exhaustive. For situations beyond the scope of spiritual direction, I am committed to referring directees to professionals who can better meet their needs.

Mental Health

National Suicide & Crisis Lifeline Call or text 988 - Free 24/7 confidential support for suicidal thoughts, mental health, or substance use crises

Family & Children's Place (502) 893-3900 - Trauma recovery and family support services

Domestic Abuse and Sexual Assault

National Domestic Violence Hotline 1-800-799-7233, Text START to 88788

RAINN Sexual Assault Support 1-800-656-4673 - Connects to local sexual assault service providers

Center for Women and Families (844) 237-2331 - 24/7 Domestic Violence & Sexual Assault Hotline

Catherine Spalding Center for Women and Children (502) 584-2480 - Shelter through St. Vincent de Paul

LGBT

Trevor Project (LGBTQ+ Youth) 1-866-488-7386, Text START to 678-678

Trans Lifeline 1-877-565-8860 - Peer support from trans counselors

Fairness Campaign (502) 893-0788 - Kentucky's LGBTQ advocacy organization

Substance Abuse

SAMHSA National Helpline 1-800-662-HELP (4357) - Substance use treatment referrals

Alcoholics Anonymous (Louisville Intergroup) (502) 582-1849 - Meeting info and peer support

Narcotics Anonymous (Kentuckiana Region) (502) 569-1769 - Meeting finder and help line

The Healing Place (502) 585-4848 - Free long-term addiction recovery services for men and women

Miscellaneous Support

Legal Aid Society of Louisville (502) 584-1254 - Free civil legal services for income-eligible individuals

Kentucky Equal Justice Center (859) 233-3057 - Legal advocacy and immigrant support

Dare to Care Food Bank (502) 966-3821 - Food pantry and meal site locator